



	Monday	Tuesday	Wednesday	Thursday	Friday
Literacy	<u>How to Catch a Snowman</u> As you read through the story with your child, identify rhyming words (before/soar, skiing/fleeing, snow/go). After reading, ask him, “How would you catch a snowman? Brainstorm ideas and create a snowman trap!”	<u>Sneezy the Snowman</u> Ask your child to think of other ways that Sneezy could melt! Talk with her about a time she built a snowman. Ask, “How did Sneezy look like your snowman? How did Sneezy look different than your snowman?”	<u>One Winter’s Day</u> After listening to the story, ask your child, “How did Little Hedgehog show kindness to the other animals in his community? How did they show kindness to him in return?”	<u>The Snowy Day</u> After listening to the story, ask your child, “What happened to his snowball during the story? How did the tracks get in the snow? What would you do on a snowy day?”	<u>Animals in Winter</u> After listening to the story, ask your child what he noticed about how the animals in the story get ready for winter. Have your child draw a picture of his favorite winter animal getting ready for winter!
Phonological Awareness	Invite your child to help you make dinner! While cooking, help him identify what sound each ingredient begins with (/w/-water, /t/-tomato, /s/-salt).	Practice identifying syllables in your child’s name. Exaggerate your child’s name broken up into syllables and count the number of syllables in her name. Challenge: Use the names of her friends.	Ask your child to listen for and identify the rhyming words in: Twinkle twinkle little star How I wonder what you are Up above the word so high Like a diamond in the sky	Practice identifying rhyming pairs using winter themed word (snow/glow ball/fall, flake/cake). Have your child give you a thumbs up for yes and a thumbs down for no to indicate which pairs of words rhyme.	While working with your child on cleaning his room, try giving him two step directions (example: pick the toy up and put it in the basket).
Music & Movement	<u>Gingerbread Man Freeze</u> <u>Five Little Snowmen</u> <u>Winter Clothing</u>	<u>BRRRR Freeze</u> <u>Hey Mr. Snowman</u>	<u>Penguin Dance Song</u> <u>Get Funky</u>	<u>Snowman Freeze</u> <u>Hop and Stop</u> <u>Count to 10</u>	<u>Winter Hokey Pokey</u> <u>Traffic Light Song</u> <u>Shape Song</u>
Math & Science	Using small or mini marshmallows, have your child estimate how many marshmallows will fit in the palm of his hand. Have him test out his guess and see how many will actually fit in his palm. Enjoy a tasty snack when you finish!	Have your child hold an ice cube in her hand and talk about what happens when the ice warms in her hand. Ask, “Why do you think the ice melted? What would happen if we put the melted ice back in the freezer?”	Materials Needed: Q-tips, shapes drawn on notecards (triangle, square, rectangle, diamond) Put the notecards with shapes in a pile. Let your child pick a card and then use the Q-tips to recreate that shape. Have your child describe the shape (sides and angles).	Freeze around 20 ice cubes overnight. Have your child stack the ice cubes as high as she can. Practice different ways to stack the cubes. Have your child guess how many cubes high she can stack before the cubes fall.	Have your child count his steps around your home! Ask, “How many steps do you take from the living room to your bedroom? How many steps do you take from the kitchen to the front door?”
Motor Skills	Freeze and Melt: Explain the rules to your child. A song will play, and he will dance until the music stops. When the music stops, he must freeze and then melt to the ground like a snowman.	Have your child create a snowman with spheres (balls) using <u>playdough</u> . Encourage her to roll the playdough until she has created three balls.	Go on a flashlight scavenger hunt! Have your child pick 10 of his favorite toys. Hide the toys around your house or in a room. Turn on the flashlight, turn off the lights, and challenge him to find all the hidden toys.	Work with your child on zipping and putting her coat on and taking it off. Practice putting a hat and gloves on and off. This is a great way to build independence in young children.	Draw a snowman on a piece of paper. Have your child use beans (or another small item) to cover the outline of the snowman. Challenge: Have your child use tweezers to pick up and place the beans on the snowman.
Social Emotional	Have your child create a snowman face using playdough. Next, have him practice creating different emotions on the snowman. Talk about each emotion as he makes it!	While having dinner with your child, model saying please and thank you as you pass around food. Talk with her about when to say please or thank you.	<u>The Grumpy Monkey</u> After reading the story, talk with your child about what he can do when he feels grumpy. Go back and point out examples from the story!	Practice making exaggerated emotion faces with your child at home (happy/sad/mad). Make a face in the mirror and have her guess the emotion and copy the face.	Practice conflict resolution skills with your child. Role play that you both want to play with the same toy. Work with him to come up with a solution (taking turns or flipping a coin).

Post pictures of you and your child learning together using #gaprekathome